



Headway Factsheets

- Please tick the box next to the factsheet you would like a copy of and provide us with your details below.
- Alternatively, if you have access to the internet and have received this electronically you can download the factsheets directly by pressing control (ctrl) on your keyboard and clicking on the heading of the factsheet you would like to view.

<u>Basic brain information</u> Overview of the brain	
<u>Carbon Monoxide poisoning</u> An overview of the causes, effects and treatment of Carbon Monoxide poisoning, a common cause of hypoxic and anoxic brain injury	
<u>Coma after brain injury</u> Find out more about coma, including persistent vegetative state and locked in syndrome	
<u>Coping with Memory problems - Practical Strategies</u> Strategies to help you if you are living with memory problems	
<u>Could it be a brain injury? A guide for GPs</u> A guide for General Practitioners to help identify a minor brain injury in their patients	
<u>Difficulties with decision making after brain injury</u> Practical tips and strategies to help people with brain injury deal with the problems of everyday life and cope with new situations	
<u>Education after brain injury</u> A guide to returning to education after brain injury	
<u>Epilepsy</u> An overview of Epilepsy after brain injury	
<u>Guide to the DLA claim form</u> A step-by-step guide to completing the Disability Living Allowance claim form	
<u>Holidays and travel</u> A guide to travelling after brain injury. Includes a list of travel insurance companies and holiday providers	
<u>Hormonal imbalances after brain injury</u> Damage to the hypothalamus and/or pituitary gland can lead to insufficient or increased release of one or more hormones	
<u>Hypoxic and anoxic brain injury</u> An overview of the causes, effects and treatment of hypoxic and anoxic brain injury	
<u>Loss of taste and smell</u> Practical tips for coping with a loss of taste and smell after brain injury	

<u>Making a complaint about NHS treatment</u>	
An overview of the NHS complaints system	
<u>Managing anger - tips for brain injury survivors</u>	
Practical tips for coping with anger after a brain injury	
<u>Managing anger - tips for families, friends and carers</u>	
Strategies for coping with anger after brain injury	
<u>Minor head injury discharge advice</u>	
Essential information for people who have attended hospital after a head injury	
<u>Post traumatic amnesia</u>	
A question and answer guide to PTA, which occurs in many people after brain injury	
<u>Returning to work and education factsheet pack</u>	
Download all of our returning to work and education factsheets in one file	
<u>The effects of brain injury</u>	
A brief guide to some of the common effects	
<u>Welfare benefits checklist</u>	
List of some of the most common benefits which may be available to people who have had a brain injury	

Name:

Address:

Postcode:

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