



the brain injury association

September 2013

Hull + East Riding Organisation

Headway News

Hull + East Riding

improving life after brain injury

Lesley Saunders: National Award Finalist!



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It is with great pleasure that we can announce Lesley Saunders, our dedicated Secretary, has been shortlisted as a finalist for Volunteer of the Year at Headway UK's national awards.

Our Vice Chair Rebecca Dixon spearheaded the nomination, with the help of members and volunteers past and present. Everyone that Rebecca spoke to was supportive of the nomination, and several people contributed comments that were used in the application. In fact, Lesley was one of the few people that didn't know about the nomination! Well done to everyone for keeping it a secret.

Rebecca nominated Lesley in order to recognise her enduring dedication to people suffering with brain injury, and her continued, tireless efforts which make Headway HERO a vital support service for people in the area.

As some of you may know, Lesley is well respected among brain

injury clinicians in the area. She was appointed a People's Champion for Brain Injury by the local NHS Trust, met with senior clinicians and managers in Hull and at the NHS Headquarters to help draft a proposal for a new care pathway. She has continued to be involved in a number of projects to support brain injury service development, from local LINKs and health and well-being boards, to her ongoing work with the University of York social research team where she has been part of National Service Framework (NSF) development. Lesley is a welcome visitor on local Rehabilitation Wards. Lesley also devotes time to promoting Headway UK initiatives, acting as an assessor for the Approved Provider Scheme.

At branch level, Lesley is our main contact with the public, and spends many hours speaking to people discharged from hospital who were alone and scared of the future. She fields calls from families that don't have anywhere else to turn and is con-

tacted by professionals who need her to visit and sit with the families to explain what is happening.

Lesley is a fierce advocate for people who, for whatever reason, aren't getting the services and the support that they need. She also runs Headway meetings and organises a wide array of Headway social events that are always well attended. All this, she does as a volunteer and we are very proud of her.

Lesley is one of three finalists for the award, and has been invited to attend the awards ceremony at the Dorchester Hotel in London on 6 December.

We're sure that you will join us in congratulating Lesley, and to thank her for all her hard work, and of course to wish her good luck!!



Have your say about local NHS services

“ We'd like as many of our members as possible to attend the event to have an open and honest discussion about experiences of brain injury services in the area.”

On Friday 27 September 2013, Hull and East Yorkshire Hospitals NHS Trust, which manages Hull Royal Infirmary and Castle Hill Hospital, will be opening its doors to patients and the public and inviting people to come and learn about the pioneering work happening in our region to provide first class health care services.

The Creative Futures, Innovation Conference will showcase some of the amazing work that the doctors, nurses and support staff are doing to improve the way they see and treat patients. It will also be the start of a new era of patient and public engagement about hospital

services, giving people a chance to be more involved.

Attendees to the event can meet Chief Executive Phil Morley, Chief Nurse Amanda Pye, and new Chief Medical Officer Dr Ian Philp and take part in a 'Big Conversation' about hospital services. The event invites people to tell the Trust what they might be able to do better. They would like people to share their experiences, or perhaps ideas about different ways of working in the future.

We'd like as many of our members as possible to attend the event to have an open and honest discussion about experiences of brain injury services in the area. This

is a chance for the hospital to listen to your views, and you can ask questions of the three most senior leaders at the Trust. The Trust has made a commitment to listen to our feedback, and to act swiftly to make improvements where necessary.

A patient food tasting session will be held from 12.30pm to 1.30pm with the Big Conversation at 2pm. At 3.30pm the Annual General Meeting will give you another chance to ask questions about the Trust as the whole Trust Board will be present.

Only 100 places are available. Please reserve your space by emailing:

organisational.development@hey.nhs.uk



Craft and Social Activity Group

The Yorkshire Waterways Museum (Goole) runs a craft and social activity group in a friendly environment for adults with disabilities and health problems. Light refreshments are provided and some transport is available.

Tuesdays & Thursdays 10.30am to 2:30pm

**Contact Ali Baker 01405 768730 or email
ali@waterwaysmuseum.org.uk**



Waterways Museum Trip: book your place

September 2013

We have now been able to obtain a date for the Waterways Museum trip that we announced in our last newsletter: Wednesday 16 October.

There are only 10 places available, so please call Lesley as soon as possible to reserve your place if you would like to attend.

We will meet at The Waterways Museum in Goole (situated on Goole Docks—follow the sign-

posts from Bridge Street) at 9:30am. We will have a coffee and a look around the museum, and then a boat trip along the canal with buffet lunch provided. We then return to the Museum for a trip around the Goole Docks area.

The day will be completely wheelchair friendly. Also, the Waterways Museum are able to offer us this for **free!**

We may be able to run this event again, so if you can't make it to this one, let us know you're interested and we can look into booking another date.

For more information, you can check out their website:

www.sobrietyproject.org.uk



New Prosopagnosia factsheet



Headway UK has this week launched a new factsheet on Prosopagnosia, which is now available for free on its website:

www.headway.org.uk/factsheets.aspx

Prosopagnosia (which is pronounced Pro-so-pag-no-sia) affects people with injuries to areas of the brain

that deal with recognition and memory of human faces. This is a poorly understood and unrecognised problem and we hope this information will be of help and support to those affected.

The factsheet has been produced by Richard Morris, Headway UK's information officer, together with Dr Sarah Bate, a psychologist and Director at the University of Bournemouth's Centre for Face Processing Dis-

orders. Headway has also consulted with people affected by the condition and the final version has been informed by their comments.

The factsheet is very comprehensive and runs to 16 pages. Please make sure you take a look if you think it would be useful for you or someone you know.

Meeting Room Announcement

Last month we announced that we were looking for an alternative meeting venue. We've considered a few different possibilities, and

none of them at the moment can beat Victoria Dock Village Hall for its facilities and location. So, we'll be having our September meeting

there. If we find a more central location for future meetings, we'll let you know.





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hull and east riding

About us

Headway HERO is your local branch of Headway, a national charity that provides information and support for brain injured people, their families and carers.

Headway—the brain injury association is a Registered Charity No 1025852 and a company limited by guarantee. Registered in England No. 2346893.

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Headway HERO Diary

Wednesday 18th September

Monthly meeting. 7pm (members committee at 6.30pm). Victoria Dock Village Hall.

Wednesday 27th September

Creative Futures Conference, Hull Royal Infirmary. Have your say about local services. See page 2 for details.

Friday 4th October

Meet us for a coffee! 2pm. COSTA Coffee, Kingston Retail Park (opposite Toys R Us). Look for our reserved tables.

Wednesday 16th October (DAY)

Free Waterways Museum outing. Please reserve your place with Lesley. Waterways Museum, Goole. 9:30am.

Wednesday 16th October (EARLY EVENING)

Monthly meeting. 7pm (members committee at 6.30pm). Venue to be confirmed

Tuesday 22nd October

Headway Hull + East Riding Brain Injury Seminar. The Octagon, Walker Street, Hull. Full day free seminar for health and social care professionals. Buffet lunch provided. **Please email Lesley to reserve your place.**

Headway Hull + East Riding Brain Injury Seminar TUESDAY 22 OCTOBER 2013

We are pleased to offer this **FREE** full-day brain injury training event for health and social care professionals, sponsored by Irwin Mitchell Solicitors. Lunch provided.

Mr Kevin Morris (Neurosurgeon)

Mr Miles Rogish (Neuropsychologist)

Guy Salsby (Brain Injury Social Workers Group)

Helen Giblin & Multi-Disciplinary Team (Goole Neuro Rehabilitation Centre)

Irwin Mitchell Solicitors (Mental Capacity Act and DOLS)

The Octagon, Walker St, Hull — [EMAIL US TO RESERVE YOUR PLACE](#)



JOIN US FOR A COFFEE

We're having an informal get-together at **COSTA**, Kingston Retail Park, Hull (opposite Toys R Us). Whether you fancy a chat over coffee or just want a change of scenery, come along! We'll have a reserved seating area.

FRIDAY 4 OCTOBER 2PM