



the brain injury association

# Headway

## Hull + East Riding News

Improving life after brain injury

### Nominations for Headway Awards now open

The Headway Annual Awards celebrate the dedication and achievements of those involved in Headway. So if there is someone special, who you believe deserves to be recognised, please complete a nomination form as a way to say a big thank you to them.

Each finalist, chosen by a selection panel, will be invited to bring a guest to a glittering luncheon at The Dorchester Hotel in London on Friday 16 December. There will be a champagne reception, followed by a four course meal with wine and each finalist will receive an award from one of Headway's supporters.

Perhaps there is someone within your Headway Group or Branch that has achieved a great milestone this year? Or perhaps you know someone that often goes above and beyond when caring for someone with a brain injury? Is there someone who regularly gives their time to support those with a brain injury?

The categories this year are:

- Carer of the Year sponsored by SweetTree Home Care Services
- Alex Richardson Achiever of the Year sponsored by Slater & Gordon Lawyers
- Volunteer of the Year sponsored by Anthony Gold
- Stephen McAleese Outstanding Achievement Award sponsored by No5 Chambers

If you would like to nominate someone, please complete the form on Headway UK's website:

<https://www.headway.org.uk/news/national-news/nominate-now-for-the-headway-awards/>

Please note the closing date for nominations is Friday 29 July 2016.

For further information about the event please contact Rachel Broughton on 0115 924 0800.

### Way Ahead Weekend—book now!

As we announced last month, the Way Ahead weekend, Headway's national conference, will be held at Yarnfield Park Conference Centre (same as last year) which is in Stone, Staffordshire on 1-3 July.

We are pleased to announce that, thanks to our fundraising efforts and many kind donations, we are able to offer a limited number of subsidised places, reducing the cost of a ticket to £65 per person for the full weekend, including accommodation.

If you would like to attend and purchase a ticket at this reduced price of £65 please contact Lesley as soon as possible. Your payment of £65 will need to be paid on booking. These places must be booked before the end of May.

Reduced price tickets are offered on a first come first served basis.

National Free Helpline

0808 800 2244



twitter:

@headwayhero



facebook:

/headwayhero



web:

headwayhero.org.uk



email:

Headwayhull@gmail.com



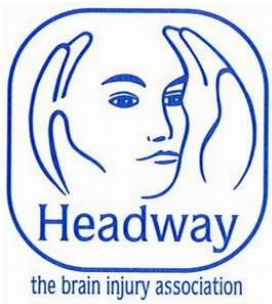
call lesley:

01430 430720  
07538 319716

#### Inside this issue:

Headway Awards	1
Way Ahead Weekend	1
Diary	2
Hats for Headway	2





**Headway Doncaster invites you to a day out at**

*The UK's Number 1 Walkthrough Wildlife Adventure*  
**YORKSHIRE WILDLIFE PARK**

**WEDNESDAY 11 MAY 2016**

**Meeting point: 10.30am at Entrance**

TICKETS PRICES:

FREE FOR HEADWAY DONCASTER MEMBERS

Adult	Child	Senior Citizen/ Student	Disabled Adult	Official Carer
£16.00	£13.00	£14.00	£10.00	£6.00

★ Please bring along proof of disability (i.e. Blue Badge etc) and proof of being a carer ★

**DISABLED TOILETS AVAILABLE AND WHEELCHAIRS FOR HIRE**



If you wish to attend please contact: Jeanette on [0114 274 4221](tel:01142744221)  
or Headway Mobile on [07587723748](tel:07587723748) by 10am on **Friday 6 May 2016**

**Headway Regional Groups are welcome to join us**



During 'ACTION FOR BRAIN INJURY WEEK' we are raising awareness of brain injury and its effects by having a "Hats for Headway Day!"

**BRING YOUR HAT WITH YOU TO  
YORKSHIRE WILDLIFE PARK**

**HEADWAY DONCASTER**

## HEADWAY “DESIGN A CHRISTMAS CARD COMPETITION”

HEADWAY has launched a new Christmas Card Competition in conjunction with Thompsons Solicitors.

The competition is open to all Headway Groups and Branches across the UK and the competition is your opportunity to submit a Christmas card design. Twelve designs will be shortlisted and showcased at this year’s Way Ahead conference on Saturday 2 July 2016 and delegates at the event will be asked to vote for their favourite designs.

This winning design will then be used as the Thompsons official Christmas card and sold to Headway’s supporters. The winning Headway Group or Branch will win an outing to the value of £150 and the winner will receive a prize of an iPad.

### Guidelines for submissions for the competition:

- Photograph, drawing, painting or a graphic design – it is your choice!
- Artwork can be landscape or portrait size
- The final Christmas card will be A5 size but entrants can submit their designs in A3, A4 or A5
- Entrants must include their full name, Headway Group or Branch and contact details

The final deadline for entries to be received is Friday 10 June and designs must be submitted in hard copy to Luke Griggs, Headway – the brain injury association, 190 Bagnall Road, Basford, Nottingham, NG6 8SF or via email to [directorofcomms@headway.org.uk](mailto:directorofcomms@headway.org.uk)

## READ ON ..... COME AND SUPPORT THIS SPECIAL EVENT

### WHAT

RU OK, Robert Fish?

### WHEN

28 MAY

### WHERE

THE YARD, NEWLAND AVENUE, HULL

Recycling Unlimited will be featuring in Assemble Fest 2016, which is a theatre festival that has theatre companies performing in conjunction with businesses and organisations in Newland Avenue. The festival is commissioned by Hull University, Hull Truck and Hull City council. Theatre company, Theatre On The Edge, will be performing at The Yard with a play called RU OK, Robert Fish?, written especially for the festival, which is about people who are working at Recycling Unlimited. The main character is recovering from a traumatic head injury and the play shows the support he receives from his fellow workmates as he struggles to rehabilitate himself

## ACTION FOR BRAIN INJURY WEEK

YORKSHIRE WILDLIFE PARK

WEDNESDAY 11 MAY 2016

Come and join Lesley for a super day out with members of Headway Doncaster – don’t forget to bring your HAT!!!



the brain injury association  
hull + east riding

## Headway HERO Diary

### Friday 6 May 2016

Meet us for a coffee! 2pm. Hull Truck Theatre Cafe (next to St Stephen's)

### Wednesday 18 May 2016

Monthly Meeting 7pm to 9pm. At HANA (Humber All Nations Alliance)  
44 Portland Street, Hull HU2 8JX. Members committee meeting at 6:30pm.

### Friday 3 June 2016

Meet us for a coffee! 2pm. Hull Truck Theatre Cafe (next to St Stephen's)

### Wednesday 15 June 2016

Monthly Meeting 7pm to 9pm. At HANA (Humber All Nations Alliance)  
44 Portland Street, Hull HU2 8JX. Members committee meeting at 6:30pm.

### About us

Headway HERO is your local branch of Headway, a national charity that provides information and support for brain injured people, their families and carers.

Headway—the brain injury association is a Registered Charity No 1025852 and a company limited by guarantee. Registered in England No. 2346893.

improving life  
after brain injury

# HATS FOR HEADWAY DAY

Friday 13th May

[headway.org.uk](http://headway.org.uk)  
#HatsForHeadway

**ACTION FOR  
BRAIN INJURY WEEK 2016**

the brain injury association

Registered with the Charity Commission for England and Wales (Charity No 1025852) and the Office of the Scottish Charity Regulator (Charity No SC 039992).