



the brain injury association

May 2013

Hull + East Riding Organisation

Headway News

Hull + East Riding

improving life after brain injury

HEADWAY ABI WEEK

Special Issue



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Free Cinema Tickets for Carers

Did you know that if you are in receipt of Disability Living Allowance, Attendance Allowance, or Personal Independence Payment, or if you are registered blind, you may be entitled to free cinema tickets for a carer?

The scheme is run by the Cinema Exhibitors Association (<http://www.ceacard.co.uk>) which issues eligible people with a CEA card.

Just show this card at the cinema box office when booking your full price ticket, and you will be able to obtain one free ticket for a person to provide assistance required

as a result of the cardholder's disability during their visit to the cinema.

The tickets must be for the same showing, and the person accompanying the cardholder must be aged 16 or over.

To apply, you can download a simple application form from the CEA website (above). This needs to be submitted with a photo, a processing fee of £5.50 and evidence of your eligibility, such as a letter confirming your benefits entitlement. CEA can be contacted as follows:

Tel: 0845 123 1292 **Mini-**

com: 0845 123 1297
Email:
info@ceacard.co.uk

Vue, Cineworld and Odeon in Hull all participate in the scheme.

Happy viewing!



New Carers' Support Group in the Avenues

The Carers' Information and Support Service (CISS) has launched the Avenues Carers' Support Group, based in West Hull.

The new group is led by carers from the area, and is held at St Ninian's and St Andrew's United Reform Church, Chanterlands Avenue

between 2pm and 4pm. The next meeting will be on 13th May, and after that will be on the second Monday of the month.

The group is open to anybody caring for a family member, friend or neighbour and aims to form a community facility for local carers to social-

ise with entertainment and refreshments, and get advice and support from both the service and other carers. Everyone is welcome. Unpaid Carers are very welcome to bring the person/s they care for.

For further information, please contact CISS on 01482 225078 or email carersinfo@chcpull.nhs.uk



A FOCUS ON...

HEADWAY ABI WEEK

What is ABI Week?

“ By providing information and resources, Headway wants to help GPs better identify patients who may be affected by brain injury”

Action for Brain Injury Week (ABI week) is a national event co-ordinated by Headway UK to raise awareness of brain injury. Groups and Branches across the country also host a variety of activities to help boost their profile locally and nationally.

This year's ABI Week sees the launch of a positive campaign aimed at GPs to assist them with diagnosing and appropriately signposting patients and carers affected by the often hidden aspects of brain injury.

According to Headway UK, the aim of this campaign is to develop stronger working relationships with GPs and new commissioning

groups. By providing information and resources, Headway wants to help GPs better identify patients who may be affected by brain injury and ensure they are subsequently referred to appropriate services.

Equally, however, we know that many GPs provide first-rate care to those presenting symptoms indicated that brain injury is, or could be, the reason behind their issues.

Headway UK hopes to highlight best practice by creating GP Champions across the UK. In doing so, and by providing resources and information to assist GPs, we hope to improve

the standard of care being provided by doctors across the UK.

If you would like to know more, ABI week has its own website here: <http://www.abiweek.org>

You can also access a factsheet produced by Headway UK called “*Could it be a brain injury: a guide for GPs*” which you may find helpful to pass on to your GP. Download a copy here: <https://www.headway.org.uk/Factsheets.aspx>

Find out how you can help Headway Hull + East Riding celebrate ABI week in this newsletter.

EVENT: Drop in to see us at Castle Hill

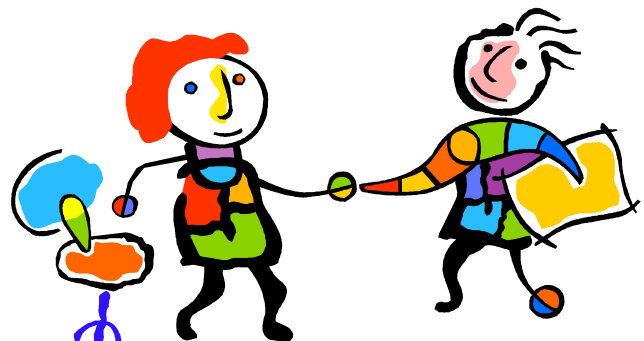
As part of Headway's ABI week, we will be holding a drop-in session on Ward 2 at Castle Hill Hospital.

We will be based in a meeting room just inside the entrance to the Ward, and we will have a selection of useful literature available. We'll be there from around 1:30pm, and will stay until after the evening visiting hours.

Whether you have questions about brain injury, headway, or advice about local services, please drop in to have a chat with us.

Castle Hill Hospital is on Castle Rd, Cottingham, Hull, HU16 5JQ

See you there!



Annual Social Evening

The Willows
Holderness Road, Hull

FRIDAY 14 MAY
7PM

LIVE ENTERTAINMENT

BINGO | RAFFLE

HATS FOR HEADWAY COMPETITION



Prizes for the most amusing / original home-made hats!

All proceeds to Headway Hull + East Riding

Raise funds with Hats for Headway!

It's **hat time** of the year again!

Hats for Headway is an initiative run by Headway groups and branches across the UK. It aims to raise awareness of head injury, whilst at the same time raising funds and having a great time.

Why not organise your own 'hats for headway' event to help raise funds

for Headway Hull + East Riding? Just get your work colleagues, school or social group to pay a few pounds to enter, wear their hat with pride and crown a winner. Please make sure you send us your photos so we can put them in our newsletter!

Lesley can provide you with Headway posters if

you need them. Let us know if you can help!



Can you help us raise funds by organizing a hats for headway event?



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hull and east riding

Headway HERO Diary

Thursday 9 May 2013

Discussion with students at Hull University. We have enough volunteers, thanks to Kaye, David, Carole, Shaun, Ann and David, Andy and Lesley. Please attend 1.30pm to 4.30pm at the Hartford Building, University of Hull.

Tuesday 14 May 2013

Drop in session at Ward 2, Castle Hill Hospital. See article on page 2 for details.

Friday 17 May 2013

Annual social evening from 7pm. Held at Willows Social Club, Holderness Road, Hull, HU8 9AN. See page 3 for details.

Wednesday 19 June 2013

Monthly meeting. Venue to be confirmed in next issue.

About us

Headway HERO is your local branch of Headway, a national charity that provides information and support for brain injured people, their families and carers.

Headway—the brain injury association is a Registered Charity No 1025852 and a company limited by guarantee. Registered in England No. 2346893.

improving life
after brain injury

Fine Dining and Great Company at Mr Chu's

Our members enjoyed a few drinks and a lovely Chinese Banquet at Mr Chu's China Palace on 17 April. Taking the place of

our regular monthly meeting, we tucked in to three delicious courses of lovely Chinese Food – well done to Susie for sampling some

new dishes! Thanks also to Lesley for negotiating a great price with Mr Chu's China Palace

HRH Prince Harry visits Headway unit

On 25 April 2013, HRH Prince Harry made his first official visit to Nottingham. His first stop was to open Bradbury House, Headway UK's official home.

Prince Harry treads in his mother's footsteps: Princess Diana was patron of Headway from 1991 to 1996.

Read more about Headway's royal visit on the Headway UK website: www.headway.org.uk

In Recent News... Obama's Brain Map Pledge

In April, President Obama pledged \$100Million to BRAIN (Brain Research through Advancing Innovative Neurotechnologies). The project aims to de-

velop an unprecedented map of the brain. It is hoped that this mapping technology will help us to understand how the brain records, processes, and

retrieves vast quantities of information, and shed light on the links between brain function and behaviour.

Fantastic news.

Need some help with new benefits?

Headway Hull + East Riding has produced a fact sheet with the help of Stewarts Law LLP* to give members an overview of the changes that have been implemented to the benefits system already, as well as a summary of the further changes to come.

We'll send it out with our newsletter, also check our website.

Don't forget that you can access a really useful toolkit on the DWP website, which contains all their factsheets and information about Personal Independ-

ence Payments, which replace DLA.

The toolkit is available here:

www.dwp.gov.uk/docs/pip-toolkit-all-factsheets.pdf

*signatories to the Headway Personal Injury Lawyers' Code of Conduct