

HEADWAY HULL + EAST RIDING

www.headwayhero.org.uk

Lesley: 01430 430720 (M) 07538319716
Alison: 07799000067



the brain injury association
Registered Charity Number: 1025852

email: headwayhull@talktalk.net

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May 2012

DISAPPOINTMENT – our plans for the May social evening have come to nothing as The Belmont Club has closed much sooner than anticipated. We are very sorry for the members of the Club who have lost their social meeting place and thank them for their support in the past.

If it's O.K. with you, we will hold onto the items donated as Raffle/Tombola prizes to use in the future. If you prefer that we return these to you, then please contact Lesley. (good job there isn't a shed load of chocolates that would go out-of-date otherwise I might have to eat them)!

HEADWAY DIARY

Monday 14th to Sunday 20 May – Action for Brain Injury Week. Focus on Carers. Findings from the Survey will be published this week.

FANCY A DAY OUT? ...

Monday 14 May – Harewood House, Leeds. 11am – 3pm. £10 per person (£9.00 senior citizen) The price includes entrance to all attractions at Harewood i.e. the State Apartments, Below Stairs Experience, Princess Mary display, Terrace Gallery (for special exhibitions), Gardens, Bird Garden and grounds. (You will need to bring your own packed lunch or money to purchase food/drink). Rachel McLafferty, our Regional Organiser, has organised this trip. It's a chance to meet members of other Headway groups and branches from across the region.

If you would like to join the trip PLEASE CONTACT LESLEY IMMEDIATELY. We have to confirm numbers by 8 May. Even if you don't have transport please speak to Lesley as we may be able to arrange a lift.

For more information on Harewood House visit www.harewood.org.uk

Wednesday 16 May – Hollywood Bowl, Kingswood, Hull – bowling from 7.00pm. Sarah has arranged for us to benefit from a discounted rate. If you don't want to bowl, do come and have a chat. (6.30pm meet for a quick meal in the café).

Wednesday 20 June – Centre 88, Saner Street, Hull. 7pm – 9pm. Rachel McLafferty, our Regional Co-ordinator, will bring us up-to-date with what is going on regionally and nationally. (6.15pm - Members' Committee meets prior to main meeting).

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Neighbourhood Care Teams – Information for patients. We are enclosing a leaflet setting out the Community Nursing and Therapy Services now available across the county. This includes a contact telephone number for each team.

Please let us know your experiences of using this service.

A SECOND CLASS STAMP now costs 60p – IF YOU CAN RECEIVE THIS NEWSLETTER BY EMAIL PLEASE LET LESLEY KNOW YOUR CURRENT EMAIL ADDRESS.

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HEADWAY UK – www.headway.org.uk

Double Olympic gold medallist, James Cracknell, has agreed to become Vice President of Headway UK. Since sustaining his brain injury in July 2010, James and his wife Bev have made outstanding efforts to raise awareness of Headway and their support is much appreciated.

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Are you interested in the idea of a Drop-In Centre?

Will you use it?

We need more feedback from you before we can go ahead with this.

DROP-IN CENTRE at CRAVEN PARK

Thanks to solicitors Neil Hudgell, we have been offered the use of facilities at Craven Park to start a Drop-In centre. The space has been equipped by Rotary and is fully wheelchair accessible, with toilets, a kitchen, lounge seating round a screen for video games, tables and chairs, table tennis table, pool table, air football and numerous board games. Staff at Craven Park have also offered to organise sports sessions – there are changing rooms and showers. Access is via a direct road that avoids the main entrance.

Our initial idea is to begin by opening one afternoon a week BUT we do need volunteers to help run this – Lesley cannot commit to be there every week. We plan to have a range of Headway leaflets and booklets available. As soon as we open we will get press and local radio coverage so that people get to know they can come there if they have any questions about brain injury.

WHAT DO YOU THINK? Will you join a rota to help run this service?

It all depends on the feedback we get from you as to IF / WHEN we can start.....

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ARTLINK are offering the following practical short courses taking place in May:

To be eligible for FREE access to the course(s), you will need to be 19 years or older, unemployed (or working less than 8 hours on benefits) and reside within the former Humberside Region. An item of identity and National Insurance Number will also be required.

- Introduction to Storyboarding 9 – 10th May 2012 1pm - 4pm
- Introduction to Pastels 16 – 17th May 2012 1pm – 4pm

**Places are limited so if you are interested in participating in these FREE courses:
Further details are available by**

Telephone: 01482 345104

Email: training@artlink.uk.net