

HEADWAY HULL + EAST RIDING

www.headwayhero.org.uk



the brain injury association
Registered Charity Number: 1025852

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May 2011

Hope you have managed to have some free time over Easter and enjoyed the good weather.

GREAT NEWS! The Soroptomist International of Beverley and District had nominated us as their chosen charity for the past year. Lesley had the pleasure of attending their meeting in Beverley to receive a cheque for **£1,056.50**. What a huge boost to our funds. We have written to thank them. An article and photograph appeared in the Goole Courier.

HEADWAY DIARY

Monday 9 to Sunday 15 May – Action for Brain Injury Week

Wednesday 11 May – Wear a “Hat for Headway” at our special Fashion, Food & Flowers Day at Howden Shire Hall.

Friday 20 May, – 7pm - The Belmont Club, Hull – social/fund raising evening. Poster attached.

June 16th – The Hay Ride, Beverley. 7pm approx. Come and enjoy a sociable meal (good choice and reasonable prices).

Headway UK

The Way Ahead weekend 2011 – Friday 8 July from 2pm to 12 noon approx on Sunday 10 July – The University of Leicester

Ann and Dave, Kay, Liam, Andy and Lesley are all booked in for the weekend.

PLEASE LET LESLEY KNOW AS SOON AS POSSIBLE IF YOU ARE INTERESTED. We are looking to try to help finance members to attend.

Are you looking for adventure? Click [here](#) to see Headway marathons, treks, cycle rides and more – go on, challenge yourself to do something different in 2011!

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We have produced our own leaflet listing the Fact Sheets and other publications available from the national Headway website. Don't forget we have printed Fact Sheets and booklets available at the monthly meetings – these are free to members.

P.T.O.

UPDATE ON THINGS WE DID DURING APRIL:

- 8th April North Bank Forum Database launch – Lesley and Carole attended. Headway will be included in the new database of voluntary services which includes Google mapping.
- 8th April – Hull University. A big thank you to Carole, Andy and Martin. We all know how difficult it can be to talk about how brain injury has affected your life but they rose to the challenge brilliantly and the students were very interested in learning about their experiences. We hope Lorraine is feeling better now. Also our best wishes to Stuart. We hear you are making good progress.
- 11 April – Presentation on Challenging Behaviour following brain injury by Selen Selvachandran and Catherine Derbyshire. What an interesting evening. We were delighted to welcome staff from a Care Agency and local therapists. Every slide made us think and the discussions were lively. How ever much we think we know there is always something new to learn. We feel sure everyone went home buzzing with new ideas. Thanks again Selen and Catherine. (So much to talk about that eventually we had to clear the car park so that the caretaker could lock up!).
- 16 April Regional Headway meeting. More thanks – this time to Andy, Ann and Dave for helping Lesley to set out the buffet lunch and host the meeting. Peter chaired the meeting and we met Headway members from across our region.
- 14 April - Neurological Education Day. This education event organised by Yorkshire & the Humber Association of Neurological Organisations was well attended and we were very pleased to meet up with staff from Hull & East Ridings Hospitals Trust. National Headway was represented by Paul Farrell, project lead for the Headway Approved Provider scheme, our Regional Organiser, Rachel McLafferty and Steve Shears, Headway's chief training officer. The workshops on Pain Management and spasticity issues; Cognitive issues and sexual behaviour issues; Communication and swallowing issues; and Psychological and emotional impact of living with a neurological condition were thought provoking and informative. We look forward to more events soon.

We took the opportunity to talk with Steve Shears with a view to organising a training day in Hull. We would welcome your input – which of the following subjects most interests you?

- Understanding brain Injury
- Cognitive rehabilitation issues
- Sex and sexuality following acquired brain injury
- Challenging behaviour following acquired brain injury

Please give Lesley a call, or email her so that we can fix a date.

P.T.O. for POSTER FOR THE BELMONT CLUB CHARITY NIGHT

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Registered Charity Number: 1025852

Chairman: Peter Duffus 01482 325242

Treasurer: Alison Rowlands 07799000067

Secretary and main contact:

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CHARITY NIGHT

THE BELMONT CLUB, Newbridge Road, Hull

FRIDAY 20th MAY - from 7.00pm

Entertainers:

TWYNS

BECKY BROWN

AUCTION

Includes HULL FC signed rugby ball,
and HULL KR limited edition signed photograph.

BINGO

RAFFLE

All proceeds to Headway Hull + East Riding, supporting people with brain injury, their families and carers. With your help we are continuing to produce and circulate our monthly Newsletter. We also arrange monthly get-togethers where we can meet socially and learn more about brain injury and how to cope with the many problems it can create.