



the brain injury association

# Headway

## Hull + East Riding News

Improving life after brain injury

National Free Helpline

080 800 2244

### MARCH 2016

### Concussion in sport

The latest addition to the Headway library of factsheets provides information about concussion in sport.

The publication of the factsheet comes at a time when yet another sportsman, Andy Wilkinson of Stoke City, has announced his premature retirement from football after sustaining a serious **concussion** during an FA cup match last season.

It also coincides with the opening in the UK of a hard-hitting new Hollywood film, Concussion, starring Will Smith, which is based on the true story of forensic pathologist Dr Bennet Omalu who identified a pattern of neurological deterioration in the brains of former NFL footballers in the USA.

The factsheet is available FREE on the Headway UK website. If you don't have access to a computer and would like a paper copy please contact Lesley.



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email:  
[headwayhull@gmail.com](mailto:headwayhull@gmail.com)



call Lesley:  
01430 430720  
07538 319716



Congratulations and a big THANK YOU to MICK who celebrated his 80<sup>th</sup> birthday recently and has kindly made a donation to Headway Hull + East Riding.



## We've changed our email address. Please note the new address is [headwayhull@gmail.com](mailto:headwayhull@gmail.com)

Have your contact details changed? So that we can maintain our contact records please ensure that Lesley has the up-to-date information.

We apologise for the shortness of the Newsletter. Normal service will be resumed as soon as possible.

We are here to try to help

# HERO DIARY

## **Friday 4 March**

Meet for a coffee – 2pm at Hull Truck Theatre Café (next to St Stephens, Hull)

## **Wednesday 16 March**

Monthly meeting 7pm – 9pm at HANA 44 Portland Street, Hull, HU2 8JX. AGM but we'll also find time for other activities (including the usual refreshments).

## **Friday 8 April**

Meet for coffee – 2pm at Hull Truck Theatre Café (next to St Stephens, Hull)

## **Thursday 14 April**

1.30 – 4.30pm talk to psychology students at University of Hull. Members willing to talk about their experience of head injury, please contact Lesley.

## **Thursday 20 April**

Monthly meeting 7 – 9pm at HANA 44 Portland Street, Hull HU2 8JX

## **NOTICE OF AGM - 7pm Wednesday 16 MARCH 2016 at HANA**

Nominations are invited for the posts of chairman, vice-chairman, secretary and treasurer of Headway Hull + East Riding. Nominees should be willing to stand and have a proposer and seconder. Members are also invited to stand for the Members committee which organises our monthly meetings/events.

Notice of any proposed amendment to the constitution needs to be lodged with the secretary prior to the date of the AGM.

## **AGM AGENDA**

Apologies for absence

Minutes of the AGM held March 2015

Chairman: Report to Members

Treasurer: Report to Members (account sheet for 2015)

Secretary: Report to Members

Election of Officers: Chairman, Vice-Chairman, Secretary and Treasurer  
Members Committee

Date of 2017 AGM

Discussion Forum: including social events, Action for Brain Injury Week and The Way Ahead Weekend.