



the brain injury association

January 2014

Hull + East Riding Organisation

Headway News

Hull + East Riding

improving life after brain injury



twitter:
@headwayhero



facebook:
/headwayhero



web:
headwayhero.org.uk



email:
headwayhull@talktalk.net



call lesley:
01430 430720
07538 319716



call alison:
07799 000067



national helpline:
0808 800 2244

Free Training Day for Professionals



Following the success of our training session in October, we are pleased to offer another training session on 'Rehab in the Community'.

The event is aimed at local healthcare professionals and anyone interested in brain injury rehabilitation.

The day will include a talk on the new world of benefits, the long term physical, cognitive, and behavioural consequences of brain injury, as well as practical steps to managing a brain injury in the home.

There will be a number of other sessions too, including personal experiences

of brain injury, and an afternoon session with a choice of workshops on mental capacity and DOLS.

The event is being kindly sponsored by Irwin Mitchell and will take place at the Octagon in Hull on 24 March 2014. The event will take place between 9am and 4pm.

Please book as soon as possible by emailing...

Patrick.Worthington@IrwinMitchell.com

Are you coming to The Deep?



Headway Hull will be having a trip to The Deep in Hull on Tuesday 28 January.

Ticket prices are normally £10.75 for adults and £8.75 for children aged 3-15. But, if we can get 10 or more people, we will get £2.50 discount on each ticket! Essential carers can also go free of charge, but won't count towards the group number for the discount.

If you want to go, please contact Lesley as soon as possible. We will need to pay in advance to secure the group rate.

Please let Lesley have your money as soon as possible and let us know if you are going.

Meet at 2pm in the foyer at The Deep.

You can join us on the day too, but will need to pay full ticket price.





the brain injury association
hull and east riding

About us

Headway HERO is your local branch of Headway, a national charity that provides information and support for brain injured people, their families and carers.

Headway—the brain injury association is a Registered Charity No 1025852 and a company limited by guarantee. Registered in England No. 2346893.

Headway HERO Diary

Wednesday 22 January (afternoon visiting)

Trip in centre at Castle Hill Hospital, Ward 2.

Tuesday 28th January

Trip to The Deep. Meet at 2pm in the foyer. **PLEASE CONFIRM ATTENDANCE ASAP.**

Friday 7th February

Meet us for a coffee! 2pm. COSTA Coffee, Kingston Retail Park (opposite Toys R Us).

Wednesday 19th February

Monthly meeting at Victoria Dock Village Hall. 7pm to 9pm.

Friday 7th March

Meet us for a coffee! 2pm. COSTA Coffee, Kingston Retail Park (opposite Toys R Us).

Monday 24th March

'Rehab in the Community' training day for professionals at The Octagon, Hull. Sponsored by Irwin Mitchell Solicitors.

Tuesday 25th March

'Cognitive Issues' regional training day with Headway trainer Ed Arnoll at Victoria Dock Village Hall, 9:30am to 4pm.

12-18 May 2014

Headway's Action for Brain Injury week. Theme to be announced in due course.

Cognitive Issues Training Day

improving life after brain injury

On 25 March Headway Hull + East Riding is pleased to host a Headway UK regional training event led by national trainer Ed Arnoll.

This is a one-day interactive workshop on the latest developments in cognitive rehabilitation following acquired brain injury. This workshop aims to balance knowledge and theory with practical examples of compensatory strategies for some of the common cognitive impairments that follow brain injury.

Participants will have the opportunity to work with case studies and develop their skills of holistic assessment, reflective practise and practical approaches to helping people living with acquired brain injury. Video illustrations reinforce knowledge throughout the day.

The event is free for all headway members and we encourage you to bring interested friends, family and carers along.

The workshop is free for Headway staff/volunteers and £90 + VAT per day for professionals and others. There is a £5 per place discount for bookings of four delegates or more.

We are pleased to confirm that the event will be held at Victoria Dock Village Hall and lunch will be provided.

Please let Lesley know if you are planning to attend as space will be limited.