

HEADWAY HULL + EAST RIDING

www.headwayhero.org.uk



the brain injury association
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**Happy New
Year**

January 2012

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Spring cleaning – please help us to keep our records up-to-date. Have you moved / changed telephone number / altered your email provider? Please let Lesley have your current details. We try to email as many Newsletters as possible to save postage costs.

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We enjoyed a lively meal together at Frankie & Bennie's, Kingswood Leisure Park on 12 December. Thanks to Sarah for organising this and putting together the Celebrity Picture Quiz. Kay and Liam won, Wendy came second and Lesley was third.

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HEADWAY DIARY

Tuesday 24 January - 7pm approx – ten pin bowling at Kingswood Hollywood Bowl. We usually benefit from a special reduced rate. Some people like to grab a burger before the bowling begins so we will meet at 6.30ish in the café/bar area. Even if you don't fancy bowling, come and have a chat with us.

Tuesday 21 February - Centre 88, Saner Street, Hull 7 – 9pm. A representative from The Yorkshire Ambulance Service will talk to us about how the service works and how ambulance clinicians are trained to manage head injuries. They will also explain how the Patient Transport System (PTS) works for people with particular needs such as head injury. There will be the usual opportunity to ask questions and enjoy a cup of tea, bun and a chat.

Tuesday 20 March – Centre 88, Saner Street, Hull 7 – 9pm. AGM followed by Wii games. We welcome nominations for the offices of Chairman, Treasurer and Secretary, also for the Members Committee to organise future meetings and events. Each nominee should agree to stand and have a proposer and seconder. Please let Lesley know.

REMINDERS

- We hope all your Christmas presents are brilliant BUT, just in case one or two are not quite what you wanted, please hold on to them so that we can use them as prizes for the Tombola and Raffle at our Social Evening in May during Action for Brain Injury Week. There was a great selection last year. What do you think about a "Home-made Hat" competition on Hats for Headway day?
- **Do you have a copy of the Brain Injury Workbook?** We purchased a number of Brain Injury Workbooks to loan to members. We are sure you will have found this useful but if you have now stopped using it can you please return it to Lesley at one of our monthly meetings so that another member can benefit from the ideas and rehab exercises.

P.T.O.

Information and Education Event – Wakefield Second Chance Headway Centre.

Andy attended this event and came back with lots of information.

Caroline Prosser gave a presentation about Dysphasia, touching on Dysarthria and Dyspraxia. Caroline has over 30 years experience as a Speech and Language Therapist specialising in ABI. She now works at Headway UK as assistant on the Approved Provider Project.

Wendy Lyons, IT and Driving Assessor at William Merritt DLC and Mobility Service provided valuable information about Driving after ABI. A reminder that the DVLA MUST be informed of a brain injury. Licence may be withdrawn if there is evidence of post-traumatic epilepsy.

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A big thank you to Carole, Andy, Susie and David. They spent the afternoon of Thursday 1 December talking to psychology students at the Post Graduate Medical Centre, University of Hull. We gave some background about Headway UK, what we try to do locally and, most importantly, about how brain injury impacts on a person's life and that of their families. Once again, the students were very interested and we hope we may have encouraged some of them to specialise in neuropsychology.

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HEADWAY UK – www.headway.org.uk

The annual raffle has been drawn and the winners are:

- 1st Prize: A week's holiday for four people in a wheelchair accessible apartment on the Brittany Coast (kindly donated by www.ineedaholidaytoo.com)
Ticket No: 137128 Winner: A Corley of Gloucestershire
- 2nd Prize: A weeks cottage holiday for a family of 6 in Snowdonia (kindly donated by Goodmans Law)
Ticket No: 114499 Winner: Mark Griffin of Grimsby
- 3rd Prize: A luxury Welsh Hamper (kindly donated by Lee Abse & Cohen)
Ticket No: 074609 Winner: Mr Hillman of Liverpool

Thanks to everyone who bought tickets – half the proceeds go to support the work of Headway UK and half will come back to us to support our branch.

The annual awards dinner took place at The Dorchester Hotel, London in early December. Full coverage of the winners' inspiring stories is available on the main Headway website and will be reported in the Spring edition of the Headway Magazine.

If you are thinking about doing a sponsored event in 2012 please take a look at the Headway UK website – there are a number of organised events including marathons, cycle rides and treks with plenty of back-up support.

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