

HEADWAY HULL + EAST RIDING

www.headwayhero.org.uk



the brain injury association
Registered Charity Number: 1025852

HAPPY NEW YEAR

January 2011

We begin the New Year with a huge **THANK YOU** to staff at solicitors ANDREW JACKSON and BRIDGE McFARLAND for their support. Ever since we launched Headway Hull + East Riding in December 1985 both firms have been actively involved with Headway. In fact, our Chairman and first Treasurer were both from these firms. We have received help by way of stationery supplies, meeting venues, sponsored Christmas Buffets and staff sales of Headway Raffle Tickets. They have given talks on the Mental Capacity Act and have assisted a number of members with personal injury claims. However, we would stress that they do not “hassle” for business and, in fact, many people attending the monthly meetings do not realise there are solicitors present. They demonstrate their commitment by attending training sessions to learn as much about brain injury as they can and being actively involved as members.

Both firms are signatories to the Headway Personal Injury Lawyers Code of Conduct. All legal firms included in the Personal Injury Solicitors List have gone through an assessment process to ensure that they have the relevant experience in the field of brain injury. Anyone using the Headway Personal Solicitors List to choose a solicitor can have confidence in the quality and expertise of their chosen firm and its commitment to addressing their particular needs and circumstances.

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Our Treasurer, Alison Rowlands, is keen to hear from any of our members using a Personal Budget. She is carrying out a survey to try to establish how the system is working for people across our county. Please contact her on the telephone number at the foot of the page.

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LOCAL HEADWAY DIARY

We were really sorry to have to cancel the December Christmas Buffet and 5th Birthday celebration but we thought it best to keep everyone's driving and walking to a minimum in the atrocious weather conditions. Lorraine and Carole have kindly said they will come in the spring to show us how to make birthday. Mothering Sunday and Easter cards.

HYMS, Hull University Campus. We will re-organise this afternoon visit to talk to psychology students at the Hull & York Medical School. Carol, Andy, Martin, Lorraine, Ann and Dave have all agreed to talk about their experiences.

Tuesday 18 January - Hollywood Bowl, Kingswood. We have 3 lanes booked from 7 – 9.00pm at the very special price of £2.25 per game. Several people will be coming straight from work and we will meet at 6.30pm for those who want to eat before we bowl. The food is limited to burgers etc. but it is reasonably priced. Even if you don't fancy bowling you are welcome to come and join us for a chat. There is plenty of seating round the alleys.

Tuesday 15 February – Centre 88, Saner Street, off Anlaby Road, Hull. We are hoping Catherine Derbyshire (neuro-psychologist at HYMS) and Selen Selvechandran will be able to give their joint presentation on challenging behaviour following brain injury. Brilliant opportunity to exchange experiences and learn new ways to cope.

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P.T.O.

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Wednesday 16 March – Centre 88, Saner Street, off Anlaby Road, Hull. AGM followed by a card making demonstration by Carole and Lorraine. Also a chance to make a card. Mothering Sunday is 3 April this year so you could really show you care by making a special card.

We are hoping to arrange a social/fund raising evening at The Belmont Club later in the year. If you have any unwanted Christmas presents that we could use on a Tombola please keep them and bring them along to the monthly meetings. Thanks.

Regional Headway

The next meeting will take place at Wakefield Second Chance (new premises) on **Saturday 15 January**. We can meet with other groups, share what we are all doing and tap into national news. If anyone would like to go along with Lesley to this meeting please give her a ring to make arrangements.

Congratulations to Dominic Hurley of Rotherham who has just won Achiever of the Year at the annual national Headway Awards ceremony at The Dorchester Hotel, London. Dominic was 21 in 1994, and had just embarked on a year abroad working in Cyprus when he came off his moped, was knocked unconscious, sustaining a serious brain injury in the process. Four days later he was air-ambulated to Rotherham Hospital where he spent several months before being allowed home. The effects of the brain injury were still obvious however; Dom's right-hand side was virtually paralysed and his speech was badly affected. He also had problems committing things to memory and struggled with organisational skills. Despite these challenges, Dominic returned to education and gained a B Tech followed by an HND in graphic and web design. He has also stayed active, using exercise bikes to do sponsored rides. One recent event saw Dominic cycle the length of the Tour de France in only 23 days on an exercise bike in a local supermarket, raising £11,000 in what became known as 'Le Tour de Asda'. To date he has raised over £43,000 for charity. He joined a local club and began racing. Two years ago, he decided his next goal was to cycle for Great Britain at the London 2012 Paralympic Games, an ambition that was on track until he came off his bike and sustained a serious shoulder injury in April. Never one to give up, Dom is still hopeful he can participate. We wish him the very best of luck.

The Headway Annual Awards celebrate the outstanding achievements and contributions of people with brain injuries and those working to support them. Other winners collecting their awards at The Dorchester Hotel in London were Brenda Williams from Ipswich (Volunteer of the Year), David Knox from Dunbar (Carer of the Year) and Rosie Wilson from Cambridge (Campaigner of the Year). Full reports on the headway website.

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REMINDER:

SAFEGUARDING ADULTS BRIEFING

The 90 minute briefing is a good introduction (or refresher) to safeguarding which

- aims to raise awareness of the core principles of adult abuse
- does not include any case studies or questionnaires but
- will provide the opportunity to ask questions and
- provides the delegate with a certificate of attendance

This complimentary (and free) session is for anyone* who works in the safeguarding children or adults arena, and may be suitable for some employees eg receptionists, drivers or administrative staff or someone who may not have day to day dealings with vulnerable children or adults; (*service users and carers, the independent/voluntary and statutory sector and anyone in the public domain).

When: 14 January 2011 2.00 - 3.30 pm (registration from 1.45)

Where: The Lecture Theatre, Hull City Council, Brunswick House, Stand Close, Beverley Road, Hull, HU2 9BT

(limited parking on site – public parking available in Freetown Way nearby)

For bookings: email sab@hullcc.gov.uk or ring 01482 616079

North Bank Forum is organising a Disability Living Allowance Consultation at the Goodwin Centre Conference Room on 20th January 2011 from 9:30 – 3:30.

If you currently receive Disability Living Allowance (DLA), this is YOUR opportunity to have input into its planned replacement the Personal Independence Payment (PIP).

To book a place please contact Laura Capes on 01482 499035 or e-mail admin@onehullvcs.