

HEADWAY HULL + EAST RIDING



www.headwayhero.org.uk

the brain injury association
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February 2013

Our chairman, Peter Duffus, surprised us with his bowling skill in January – far too many strikes! We think he has been practising in secret. Thanks to Sarah for booking the rinks and to Hollywood Bowl for the reduced charges.

HEADWAY DIARY

Wednesday 27 February 7 pm – 9 pm – Centre 88, Saner Street, off Anlaby Road, Hull. Rob Awty will talk to us about Humber Mental Health Trust. We always find time for a cup of tea and a bun but may also fit in some Wii games. **Members Committee to meet at 6.30pm prior to main meeting.**

Wednesday 20 March 7 pm to 9 pm – Centre 88, Saner Street, off Anlaby Road, Hull. **AGM** followed by Wii games. We welcome nominations for the posts of Chairman, Treasurer and Secretary and also for the Members Committee to organise future events/meetings.

Thursday 14 March 1.30 – 4.30pm – Hartford Building, University of Hull. Annual afternoon spent with psychology students. Catherine Derbyshire is now working with oncology patients at Castle Hill Hospital but we are pleased to say that Dr Miles Rogish has taken the post of Clinical Tutor. If you would be prepared to share your experience of brain injury with the students please contact Lesley so that she can organise the afternoon's program.

Saturday 23 March 7 'til midnight – Saltmarshe Hall Masquerade Ball. Tickets available from Kate Whyte email: kate.whyte@saltmarshehall.com. We will receive the Raffle proceeds and are grateful to Irwin Mitchell, solicitors, who have already promised an iPad as a prize.

DRIVING ASSESSMENT – The Regional Driving Assessment Centre has extended the (Free of Charge) pilot scheme referral process until 31 March, 2013. Further details from Lesley.

New TV Series

BRAIN HOSPITAL : SAVING LIVES Channel 5 episode 2 Tuesday 5 February 10pm

Filmed at Liverpool's Walton Centre.

The first episode is still available to view online. Graphic but very interesting.

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HEADWAY Regional – the January meeting in Leeds was cancelled due to bad weather. The next Regional Meeting will take place at Wakefield Second Chance on Saturday 27 April.

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HEADWAY UK – www.headway.org.uk

The new Headway online community Headway Health Unlocked is attracting a lot of blogs. Please have a look as you may well be able to help other bloggers.

Headway Health Unlocked page is integrated with the NHS Choices website and provides an opportunity to people affected by brain injury to share thoughts and feelings with others similarly affected in a safe, controlled environment. Community members can blog about their feelings on any issue associated with brain injury, in addition to asking questions that other members - or Headway staff – can answer.

On Headway Health Unlocked community members can:

- Discuss: In the discussion forum, you can post a new question, reply to someone else's question, query or just read through the forum to find information that may help you.
- Share: Use the community's blogging area to share your experiences of brain injury, and support others by commenting on their blogs.
- Engage: Help keep the community active by taking part in polls, reading Headway's blogs and commenting on other posts.

The community is moderated by Headway UK and Health Unlocked to ensure that the safety of our members is protected and help guide people to our services where appropriate. It will compliment the services provided by Groups and Branches, our nurse-led helpline service and our national website.

To get involved:

Register at <https://headway.healthunlocked.com/join> (the verification email can sometimes go to spam folders so check there if it doesn't appear in your inbox). Then ...

- To write a blog, click on "write a blog post"
- A blog is basically your thoughts/feelings/experiences on any subject of your choosing. It could be your own testimony of living with a brain injury, or perhaps a recent event you did, or simply your thoughts on issues such as welfare reform or support for people affected by brain injury. It's a chance for you to share your thoughts with other people affected by brain injury.
- To post a question, click on "ask a question" on the home page.
- Do help to answer other people's questions with your own experiences too.
- Vote on our poll and add a comment to it.

You can browse the Headway Health Unlocked community at <https://headway.healthunlocked.com/>

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Parliament would like to hear about the experiences of carers

The joint committee on the draft Care and Support Bill chaired by Paul Burstow MP, is conducting pre-legislative scrutiny of the draft Bill and has set up a web forum to hear the views of carers. Please take part in this web forum, and pass this on to any colleagues, contact or friends who may wish to contribute.

The forum can be accessed here: <http://www.parliament.uk/business/committees/committees-a-z/joint-select/draft-care-and-support-bill/web-forum/>

The Committee would like to hear about your experiences as a carer and what impact you think the Government's proposed legislation might have on your own situation, either positive or negative. Your comments will help inform the recommendations the Committee makes to the Government in their report.

The Committee would particularly like to hear the views of carers on three key areas:

- Responsibilities of local authorities
- Assessing need
- Safeguarding adults at risk of abuse and neglect

Once again we hope that all your Christmas presents were just what you wanted BUT, just in case there is something that you really won't use, please remember us. We will be holding a social evening in May and will need Tombola and Raffle prizes.