

HEADWAY HULL + EAST RIDING

www.headwayhero.org.uk



the brain injury association
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Hope you are all managing to stay safe and warm now that winter weather has finally arrived.

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Congratulations and a huge THANK YOU to Mick and Ann Anson of Gilberdyke who recently celebrated their golden wedding anniversary. Ann suffered a head injury some years ago but, with the support of her family, she has made a good recovery. They requested that, instead of presents, they would like donations which they have split between a cancer charity and Headway. We are very grateful to have received £100.

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Thanks to Hollywood Bowl, Kingswood for the generous discount they allowed our members in January. Wendy was on form and won the games – well done. Apologies from Lesley who was unable to attend due, sadly, to a family funeral.

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HEADWAY DIARY

We look forward to welcoming some of our new members to our next meeting on:-

Tuesday 21 February - Centre 88, Saner Street, Hull 7 – 9pm. Representatives from The Yorkshire Ambulance Service will talk to us about how the service works and how ambulance clinicians are trained to manage head injuries. They will also explain how the Patient Transport System (PTS) works for people with particular needs such as head injury.

There will be the usual opportunity to ask questions and enjoy a cup of tea, bun and a chat.

Tuesday 20 March – Centre 88, Saner Street, Hull 7 – 9pm. AGM followed by Wii games. We welcome nominations for the offices of Chairman, Treasurer and Secretary, also for the Members Committee to organise future meetings and events. Each nominee should agree to stand and have a proposer and seconder. Please let Lesley know.

April meeting – meal out – date and venue to be announced.

Monday 14th to Sunday 20 May – Action for Brain Injury Week. Do you have any ideas for ways we can raise awareness of brain injury and the impact this has, not only on the person with brain injury but also on their families and carers? Carers are the focus for this year's campaign.

Instead of a dress-down day we hope you can encourage your friends and colleagues to wear a "Hat for Headway" on Friday 18th May.

We may be able to join other members from across the region for a visit to Harewood House on Monday 14 May – more details as they become available.

Friday 18 May – The Belmont Club, Hull. Once again the committee and members of the Belmont Club are welcoming us to hold a social evening. Our members Ann and Dave Burdall have organised two entertainers, bingo, Tombola and an auction. **Please let us have items we can use as prizes.**

REMINDERS

- **There are still a number of copies of the Brain Injury Workbook unaccounted for.** We purchased a number of Brain Injury Workbooks to loan to members. We are sure you will have found this useful but if you have now stopped using it can you please return it to Lesley at one of our monthly meetings so that another member can benefit from the ideas and rehab. exercises.

HEADWAY UK – www.headway.org.uk

You may have noticed a number of articles in the national press/TV/Radio:

- ❖ (22 January Sunday Telegraph) Paul and Kathleen Grieves from Headway Gateshead shared their experience of brain injury. This was a moving full page article, timed to coincide with the release of a new film called “The Vow” which is based on a woman waking from a coma and not recognising her husband.
- ❖ (3 February “This Morning” ITV) featured Ian and Marie Maggs, former members of a London Headway branch. Ian sustained a traumatic brain injury after he was assaulted ten years ago. He had an emergency operation to relieve the swelling on his brain and when he eventually came round, he couldn’t remember or recognise his then girlfriend, Marie. With help from Headway, Ian began to make progress as the charity supported both Ian and Marie. They are now married and have a six year old son.
- ❖ (7 February “Jeremy Vine Show” BBC Radio 2) Following their appearance on This Morning last week, Ian and Marie were invited to explain how brain injury had affected them.

If you feel you would like to share your story please let Lesley know so that she can put you in touch with Luke Griggs, Headway UK’s Communications Manager.

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If you are thinking about doing a sponsored event in 2012 please take a look at the Headway UK website – there are a number of organised events including marathons, cycle rides and treks with plenty of back-up support.

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The Way Ahead Weekend will be 6 – 8 July 2012 at University of Nottingham campus.

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The annual Headway Awards luncheon will be on 7 December, 2012.