

HEADWAY HULL + EAST RIDING

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the brain injury association
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December 2012

*Wishing you all a very merry Christmas and a Happy
New Year*

This year Lesley has decided to send Christmas Cards to those people she doesn't see very often, such as relatives and friends who live abroad but will not be sending cards to people she sees regularly. Instead, she wishes everyone a very merry Christmas and a healthy, happy New Year and will give a donation to Headway Hull + East Riding.



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**Brain injury changed me ** The double gold medal winning Olympic rower, James Cracknell tells Stephen Sackur how an accident which left him with a brain injury has changed his life and put his family relationships under strain.

<http://news.bbc.co.uk/go/em/fr/-/1/hi/programmes/hardtalk/9769816.stm>

He told the BBC's Hardtalk programme about how his injury has affected his relationship with his son and his wife. They have also written a book which is available from the new Amazon Headway bookshop

<https://www.headway.org.uk/headway-amazon-shop.aspx>

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HEADWAY DIARY

Unfortunately Rob Awty was not able to talk to us at our November meeting so we are re-scheduling this for February. This gave us more time to chat and try out our new Wii games.

As usual, we had refreshments and Headway booklets/Fact Sheets were available.

Monday 3 December – 7pm - Frankie & Benny's, Kingswood, Hull – Christmas meal. Sarah has booked a large table for us. The cost will be just under £13 each for 2 courses – plus drinks. Sarah has also put together a couple of fun quizzes.

Wednesday 23 January 7pm – Hollywood Bowl, Kingswood, Hull for 10 pin bowling. We usually benefit from a discount on the normal price of games. If you fancy a burger first, meet in the café area at 6.30pm.

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HEADWAY UK – www.headway.org.uk

Annual Headway Awards Luncheon – Friday 7 December at The Dorchester, Park Lane, London. Lesley has been invited to attend as a guest of Irwin Mitchell.

The Annual Raffle will be drawn on 19 December – results will be posted on the national website but we will update you in the January Newsletter.

1st prize £1,000 cash 2nd prize £500 cash 3rd prize 8GB Apple iPod nano

We receive half the value of the tickets we have sold to support our local branch.

Merry Christmas