

HEADWAY HULL + EAST RIDING

www.headwayhero.org.uk



the brain injury association
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We wish you a Merry Christmas and a Happy New Year

THANK YOU to STEVE CLAY from the **SAFEGUARDING VULNERABLE ADULTS TEAM** for talking to us in November. If you have any concerns and suspect a vulnerable adult is being abused please telephone the team on 01482 331 566. The Emergency Duty Team (out of hours) can be contacted on 01482 788 080. If you don't do something Then who will?

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Do you have a copy of the Brain Injury Workbook? We purchased a number of Brain Injury Workbooks to loan to members. We are sure you will have found this useful but if you have now stopped using it can you please return it to Lesley at one of our monthly meetings so that another member can benefit from the ideas and rehab. exercises.

HEADWAY DIARY

Thursday 1 December – Hertford Building, Post Gradual Medical Institute, University of Hull 1.30 – 4.30 approx. An afternoon with psychology students. Liam and Kay, Robin and Louise, David, Susie, Carol and Andy have volunteered to talk about the incident that caused their brain injury and how this has affected their lives. Carol and Andy are old hands, having been involved since 2006 but a big thank you to the others who will be taking part for the first time.

Monday 12 December - Christmas Meal - 6.30pm at Frankie & Bennie's, Kingswood Leisure Park, Carter Way, Hull, HU7 3DB. Sarah has booked a large table and organised a fun quiz. **If you are coming but haven't already told us your menu choices PLEASE PHONE LESLEY NOW** The menu was printed on the November Newsletter.

Tuesday 24 January - 7pm approx – ten pin bowling at Kingswood Hollywood Bowl. Some people like to grab a burger before the bowling begins so we will meet at 6.30ish in the café/bar area.

Tuesday 21 February - Centre 88, Saner Street, Hull 7 – 9pm. A representative from The Yorkshire Ambulance Service will talk to us about how the service works and how ambulance clinicians are trained to manage head injuries. They will also explain how the Patient Transport System (PTS) works for people with particular needs such as head injury. There will be the usual opportunity to ask questions and enjoy a cup of tea, bun and a chat.

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Just a reminder – we hope all your Christmas presents are brilliant BUT, just in case one or two are not quite what you wanted, please hold on to them so that we can use them as prizes for the Tombola and Raffle at our Social Evening in May during Action for Brain Injury Week. There was a great selection last year. What do you think about a “Home-made Hat” competition on Hats for Headway day? More information after Christmas.

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P.T.O...

HEADWAY UK – www.headway.org.uk

There are still a few days left before Alison Rowlands has to send off the money and raffle ticket stubs to head office.

The Annual Headway Raffle – prizes this year:

- 1st Prize: A week's holiday for four people in a wheelchair accessible apartment on the Brittany Coast (kindly donated by www.ineedaholidaytoo.com)
- 2nd Prize: A weeks cottage holiday for a family of 6 in Snowdonia (kindly donated by Goodmans Law)
- 3rd Prize: A luxury Welsh Hamper (kindly donated by Lee Abse & Cohen)

Tickets cost £1 each or £5 for a book of 5. Available direct from Headway UK or from Lesley and Alison at the monthly meetings. Please help us to sell these tickets – half the proceeds of sale goes to Headway UK (funding the helpline, production of the Fact Sheets, booklets etc. etc.) and the other half comes to us to help us funding production of the monthly Newsletter and meetings.

We attach a copy of the leaflet “Questions to Ask” (at an appointment) published on the Headway UK website.

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Hull & East Yorkshire Hospitals Trust

Lesley attended an update session. She welcomed the fact that the Trust is applying to become a Major Trauma Centre but pointed out that this needs to be supported by clear care pathways and adequate Community Teams – properly staffed and trained.

Social Policy Research Unit (SPRU) – University of York – Care and Support for People with Complex Needs and Severe Needs: Innovations and Practice. A Scoping Study.

Lesley attended a feedback workshop on Thursday 24 November. This piece of work is now nearing completion. We will publish the conclusions when they are available.

SPRU is also conducting research into Assessing Outcomes of Integrated Care for Long Term Neurological Conditions. Lesley is a member of the Advisory Group and attended a meeting on the 25 November. This research could lead to the development of an assessment tool. Watch out for further updates.